

UNIT RISK INVENTORIE

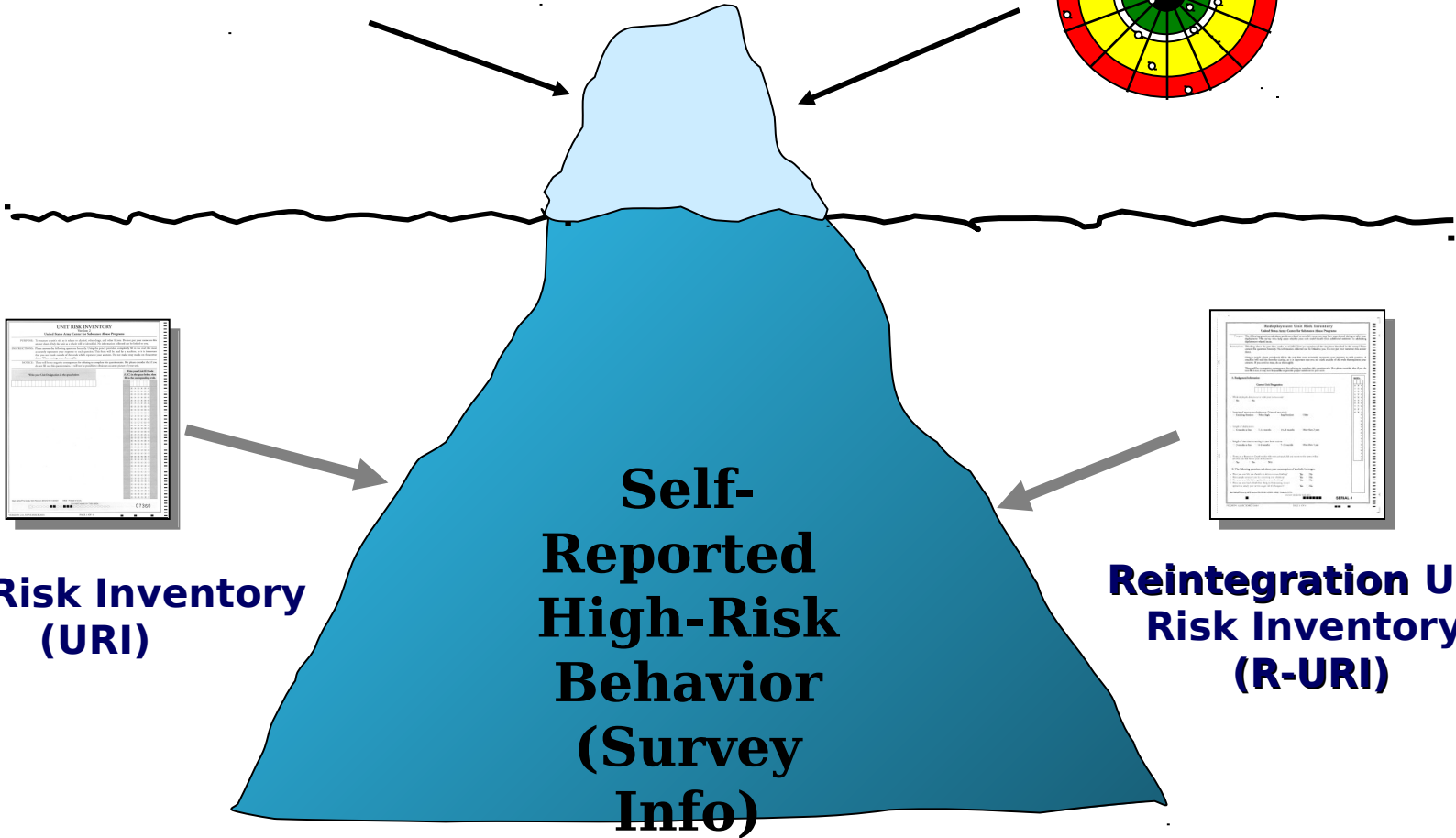
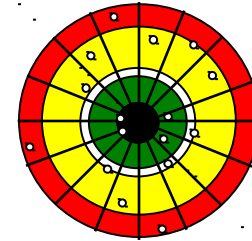


SELF REPORT SURVEY INFORMATION



THE COMPLETE RISK PICTURE

**Incidents Reported
by Command Channels**



**Unit Risk Inventory
(URI)**

**Reintegration Unit
Risk Inventory
(R-URI)**

INTRODUCTION TO THE URI

- Screens for high-risk behaviors and attitudes that compromise unit readiness
- Asks about alcohol and drug abuse, personal and unit relationships, domestic violence, suicide, crime, perception of the Army environment, and financial problems
- URI results provide a picture of a unit's self reported high-risk behaviors

The image shows two versions of the Unit Risk Inventory (URI) form. The top version is the 'UNIT RISK INVENTORY' form, and the bottom version is the 'UNIT RISK INVENTORY' form with a 'UNIT RISK INVENTORY' header. Both forms are from the United States Army Center for Substance Abuse Programs. The top form includes instructions for use and a list of questions. The bottom form is a continuation of the top form, containing questions 11 through 17. The forms are designed to be filled out by a unit's self-reported high-risk behaviors.

UNIT RISK INVENTORY
Form 2
United States Army Center for Substance Abuse Programs

PURPOSE: To measure a unit's risk in relation to alcohol, other drugs, and other factors. Do not give your name on this answer sheet. Only the unit as a whole will be identified. No information collected can be linked to you.

INSTRUCTIONS: Please answer the following questions honestly. Using the grid provided, carefully fill in the grid that most accurately represents your response to each question. This form will be read by a machine, so it is important that you not mark outside of the grid which represents your answer. Do not make any marks on the answer sheet. When marking, use the following:

NOTE 1: There will be no negative consequences for refusing to complete this questionnaire. But please consider that if you do not fill out this questionnaire, it will not be possible to obtain an accurate picture of your unit.

Write your Unit Designation in the space below.

Write your Unit CTS Code (UIC) in the space below, then fill in the corresponding grid.

UNIT RISK INVENTORY

The following questions ask you about your use of alcoholic beverages within the past 12 months. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.); that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol? Never Monthly or less 2 to 4 times a month 5 to 6 times a month 7 or more times a month

If you marked "Never", continue with Question #11. Otherwise, continue with Question #2.

2. How many drinks containing alcohol do you have on a typical day when you are drinking? 1 or 2 3 or 4 5 or 6 7 or more

3. How often do you have six or more drinks on one occasion? Never Less than monthly Monthly Weekly Daily or almost daily

4. How often during the last year have you found that you were too drunk to stop drinking when you had started? Never Less than monthly Monthly Weekly Daily or almost daily

5. How often during the last year have you felt in the need to cut down on your drinking? Never Less than monthly Monthly Weekly Daily or almost daily

6. How often during the last year have you made a drink or two containing alcohol when you were not drinking? Never Less than monthly Monthly Weekly Daily or almost daily

7. How often during the last year have you had a feeling of guilt or remorse after drinking? Never Less than monthly Monthly Weekly Daily or almost daily

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking? Never Less than monthly Monthly Weekly Daily or almost daily

9. Have you or someone else been injured as a result of your drinking? No Yes, but not in the last year Yes, during the last year

10. Have a relative, friend or a close acquaintance been injured as a result of drinking or using drugs? No Yes, but not in the last year Yes, during the last year

UNIT RISK INVENTORY

Please answer the following questions as they relate to you.

11. Within the past 12 months, have you talked to a soldier with a problem who was under the influence of alcohol? No Yes

12. Within the past 12 months, have you shown concern for the influence of alcohol on other drugs? No Yes

13. Do you ever have trouble sleeping while stationed in a combat area? No Yes

14. Within the past 12 months, have you consumed an illegal or over-the-counter drug? No Yes

15. Within the past 12 months, have you consumed an illegal or over-the-counter drug? No Yes

16. Within the past 12 months, have you used illegal drugs? No Yes

17. Do you want to talk with someone about your unit? No Yes

PLEASE CONTINUE ON THE NEXT PAGE

UNIT RISK INVENTORY (URI)

- 53 item questionnaire
- Assesses unit propensity for risk in the following areas:
 - Alcohol/Drug use
 - Command Factors
 - Stress Levels
 - Self Perceptions
 - Relationships
 - Safe sex practices
 - Child/spouse abuse
 - Violence/Crimes
 - Suicide
 - Financial Problems



UNIT RISK INVENTORY (URI)

- Army Approved Command Climate Survey
- Designed for use at the Company level
- Screens for high-risk behaviors and attitudes that compromise unit readiness
- Only takes 30 minutes to complete Survey
- No cost to Installation or Units



SAMPLE URI QUESTIONS

Question 1

How often do you have a drink containing alcohol?

PART ONE: The following questions ask you about your use of alcoholic beverages *within the past 12 months*. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol? ☐ Never ☐ 2 to 4 times a month ☐ 4 or more times a week
☐ Monthly or less ☐ 2 to 3 times a week

If you marked "Never", continue with Question #11. Others

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

3. How often do you have six or more drinks on one occasion?

4. How often during the last year have you found that you were not able to stop drinking once you had started?

5. How often during the last year have you failed to do what is normally expected from you because of drinking?

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

9. Have you or someone else been injured as a result of your drinking?

10. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

PART TWO: Please answer the following questions as they relate to you.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?

13. Do your unit leaders treat driving while intoxicated as a serious offense?

14. Within the past 12 months, have you been detained or arrested by police or MPs in conjunction with your use of alcohol or other drugs?

15. Within the past 12 months, have you committed an illegal act while drinking?

16. Within the past 12 months, have you used illegal drugs?

17. Do you work well with others in your unit?

18. Do you find it hard to make friends in your unit? ☐ Yes ☐ No

19. Do you trust your chain of command enough to talk with them about a personal problem? ☐ Yes ☐ No

20. Within the past 12 months, have you physically threatened anyone at your work site? ☐ Yes ☐ No

21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation? ☐ Yes ☐ No

22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures, had your job security or evaluation compromised by requests for sexual favors, experienced a sexually threatening work place)? ☐ Yes ☐ No

23. Within the past 12 months, have you been absent from work without permission? ☐ Yes ☐ No

24. Within the past 12 months, have you gone AWOL? ☐ Yes ☐ No

25. Do you often feel angry and frustrated? ☐ Yes ☐ No

26. Do you often feel lonely? ☐ Yes ☐ No

27. How often are there people available that you can turn to for support in bad moments or illness? ☐ Always ☐ Sometimes ☐ Hardly ever ☐ Never

28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended? ☐ Yes ☐ No

29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)? ☐ None ☐ 1 ☐ 2 ☐ 3 or more

30. In general, how satisfied are you with your life (for example, work situation, social activity, accomplishing what you set out to do)? ☐ Mostly satisfied ☐ Not satisfied

31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)? ☐ Yes ☐ No

32. Within the past 12 months, have you had to use Army Emergency Relief, credit cards, or other loan mechanisms to pay for basic living expenses (for example, rent/mortgage, utilities, food)? ☐ Yes ☐ No

33. Within the past 12 months, have you had any suicidal thoughts? ☐ Yes ☐ No

34. If yes, did you make a plan? ☐ Yes ☐ No

PLEASE CONTINUE ON THE NEXT PAGE

PAGE 3 OF 4

Question 12

Within the past 12 months, have you driven under the influence of alcohol or other drugs?

Question 20

Within the past 12 months, have you physically threatened anyone at your work site?

Question 31

Within the past 12 months, have you been in financial trouble?

Question 33

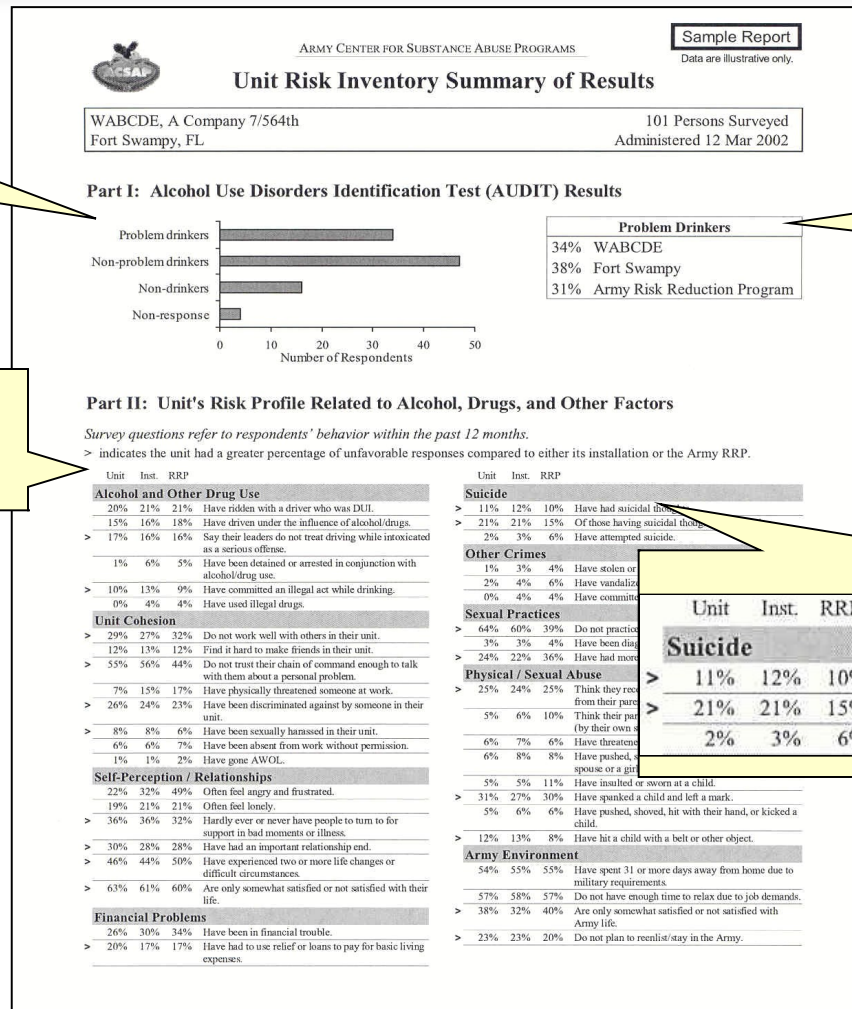
Within the past 12 months, have you had any suicidal thoughts?

URI SUMMARY OF RESULTS REPORT

Audit results for unit

Unit risk profile with data for unit, installation, RRP

Percent potential problem drinkers in unit, installation, RRP

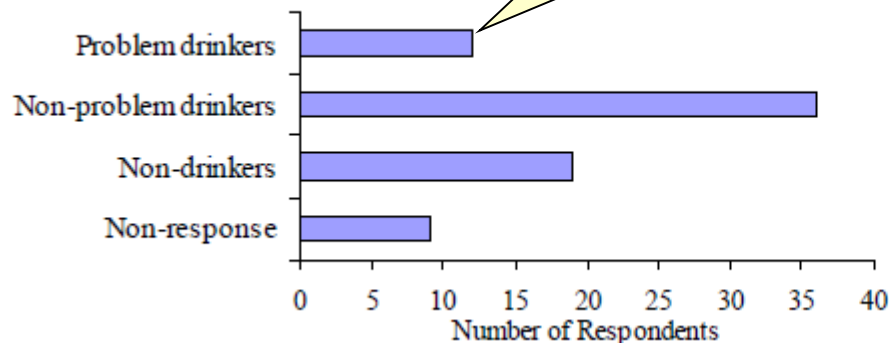


Enlargement

URI SUMMARY OF RESULTS REPORT

The URI uses the World Health Organization Audit score to identify potential problem drinkers

Part I - Alcohol Use Disorders Identification Test (AUDIT) Results



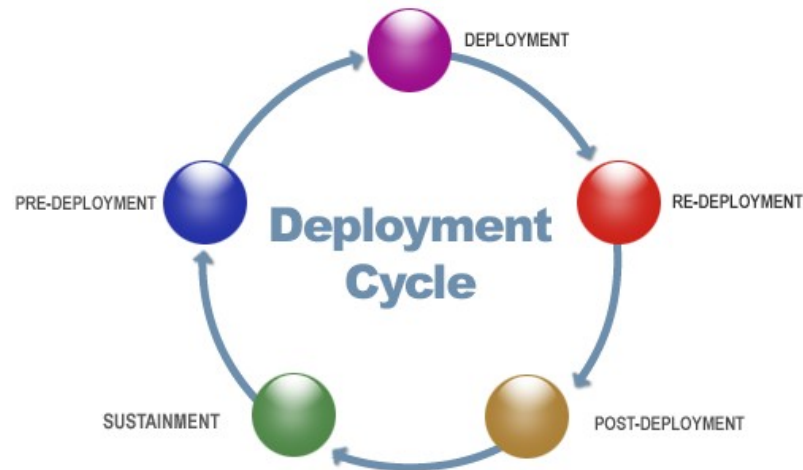
Problem Drinkers	
18%	Selected
34%	Unit
30%	Swampy

[Questions 1-10]

The URI score questions from zero to four on four questions. Total scores range from 0-40 and the following are how scores are categorized.

- A null score is counted as Non-response.
- A score of zero is counted as Non-drinker.
- A score of 1-7 is counted as Non- problem drinker.
- A score of 8 or above is counted as a potential problem drinker.

REINTEGRATION UNIT RISK INVENTORY (R-URI)



Effects of Deployment on Soldier Risk Behavior

REINTEGRATION UNIT RISK INVENTORY



As part of the Deployment Cycle Support Directive ACSAP developed The Reintegration Unit Risk Inventory (R-URI). The R-URI is a 79-item anonymous questionnaire designed to screen for high-risk behaviors and attitudes affecting unit readiness and personnel well being that may have occurred during deployment or since redeployment.

SAMPLE R-URI QUESTIONS

Question 1

How often do you have a drink containing alcohol?

PART ONE: The following questions ask you about your use of alcoholic beverages *within the past 12 months*. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol? ☐ Never ☐ 2 to 4 times a month ☐ 4 or more times a week
☐ Monthly or less ☐ 2 to 3 times a week

If you marked "Never", continue with Question #11. Otherwise, continue with Question #2.

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

3. How often do you have six or more drinks on one occasion?

4. How often during the last year have you found that you were not able to stop drinking once you had started?

5. How often during the last year have you failed to do what is normally expected from you because of drinking?

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

9. Have you or someone else been injured as a result of your drinking?

10. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

PART TWO: Please answer the following questions as they relate to your unit.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?

13. Do your unit leaders treat driving while intoxicated as a serious offense?

14. Within the past 12 months, have you been detained or arrested by police or MPs in conjunction with your use of alcohol or other drugs?

15. Within the past 12 months, have you committed an illegal act while drinking?

16. Within the past 12 months, have you used illegal drugs?

17. Do you work well with others in your unit?

Question 12

Within the past 12 months, have you driven under the influence of alcohol or other drugs?

Question 20

Within the past 12 months, have you physically threatened anyone at your work site?

18. Do you find it hard to make friends in your unit? ☐ Yes ☐ No

19. Do you trust your chain of command enough to talk with them about a personal problem? ☐ Yes ☐ No

20. Within the past 12 months, have you physically threatened anyone at your work site? ☐ Yes ☐ No

21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation? ☐ Yes ☐ No

22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures; had your job security or evaluation compromised by requests for sexual favors; experienced a sexually threatening work place)? ☐ Yes ☐ No

23. Within the past 12 months, have you been absent from work without permission? ☐ Yes ☐ No

24. Within the past 12 months, have you gone AWOL? ☐ Yes ☐ No

25. Do you often feel angry and frustrated? ☐ Yes ☐ No

26. Do you often feel lonely? ☐ Yes ☐ No

27. How often are there people available that you can turn to for support in bad moments or illness? ☐ Always ☐ Sometimes ☐ Hardly ever ☐ Never

28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended? ☐ Yes ☐ No

29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)? ☐ None ☐ 1 ☐ 2 ☐ 3 or more

30. In general, how satisfied are you with your life (for example, work situation, social activity, accomplishing what you set out to do)? ☐ Mostly satisfied ☐ Not satisfied

31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)? ☐ Yes ☐ No

32. Within the past 12 months, have you had to use Army Emergency Relief, credit cards, or other loan mechanisms to pay for basic living expenses (for example, rent/mortgage, utilities, food)? ☐ Yes ☐ No

33. Within the past 12 months, have you had any suicidal thoughts? ☐ Yes ☐ No

34. If yes, did you make a plan? ☐ Yes ☐ No

PLEASE CONTINUE ON THE NEXT PAGE

PAGE 3 OF 4

Question 31

Within the past 12 months, have you been in financial trouble?

Question 33

Within the past 12 months, have you had any suicidal thoughts?

R-URI REPORT

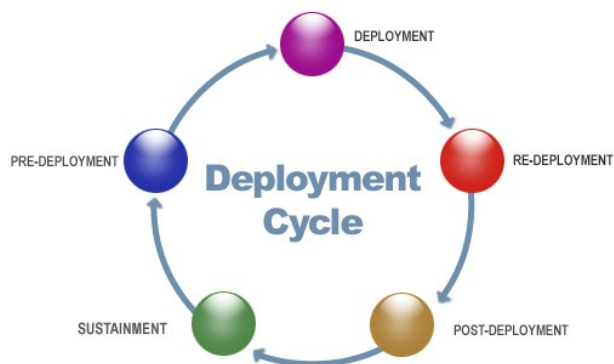
The report displays data captured from two stages of deployment.

During deployment

Asks soldiers information relating to behavior in theater.

Post-deployment

Asks soldiers information relating to behavior at home station during reintegration.



Reintegration Unit Risk Inventory Summary of Results

Page 1 of 2

ARMY ROLL-UP, DATE 7-12-05

12221 Persons Surveyed

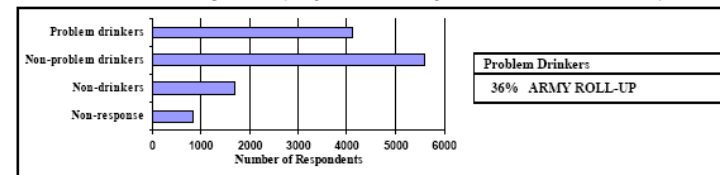
ARMY,

Administered 01 Jan 05

Printed 12 Jul 05

- A. 1. While deployed, served with current unit:
 - 87% Yes
 - 13% No
2. Most recent deployment:
 - 9% Enduring Freedom
 - 0% Noble Eagle
 - 88% Iraqi Freedom
 - 3% Other
3. Length of deployment:
 - 13% 6 months or less
 - 71% 7 - 12 months
 - 16% 13 - 24 months
 - 0% More than 2 years
4. Time since returning to home station:
 - 34% 3 months or less
 - 41% 4 - 6 months
 - 22% 7 - 12 months
 - 3% More than 1 year
5. This question only applies to Army Reserve and Army National Guard soldiers.

B. 6 - 9. Results of the alcohol use questions. (The questions and the interpretation were derived from the AUDIT.)



C/D. Overview:

Presents the percentage of respondents making significant (unfavorable) responses to the questions within each survey category.

See next page for results by question.

"*" indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.

While Deployed

Since Returning

Unit	Unit	Survey Category
3%	9%	Alcohol and Other Drug Abuse
15%	15%	Unit Cohesion
37%	29%	Self-Perception / Relationships
9%	11%	Financial Problems
7%	6%	Suicide
3%	5%	Other Crimes
--	7%	Verbal / Physical Abuse
--	51%	Army Environment
37%	36%	Combat / Deployment

E. Follow-up:

78. Have sought help for these issues since returning.

5%	Post-traumatic stress disorder
9%	Marriage/relationship issues
4%	Alcohol/drug problems
5%	Financial management
6%	Anger management
5%	Mental health issues
6%	Depression
1%	Parenting
1%	Suicide

79. Requested information or briefing on these topics.

13%	Post-traumatic stress disorder
15%	Marriage/relationship issues
10%	Alcohol/drug problems
16%	Financial management
16%	Anger management
10%	Mental health issues
14%	Depression
9%	Parenting
7%	Suicide

R-URI SUMMARY OF RESULTS REPORT

Deployment
information

Modified Audit
results for unit



Reintegration Unit Risk Inventory Summary of Results

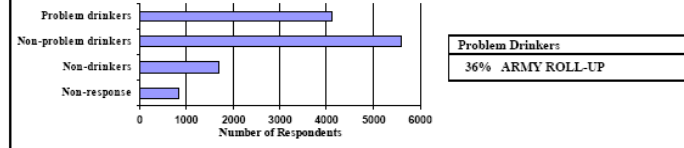
Page 1 of 2

ARMY ROLL-UP, DATE 7-12-05
ARMY,

12221 Persons Surveyed
Administered 01 Jan 05
Printed 12 Jul 05

- A. 1. While deployed, served with current unit:
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 - 13% No
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C/D. Overview:

Presents the percentage of respondents marking significant (unfavorable) responses to the questions within each survey category.

See next page for results by question.

"--" indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.

While Deployed

Unit
3%
15%
37%
9%
7%
3%
--
--
37%

Since Returning

Unit
9%
15%
29%
11%
6%
5%
7%
51%
36%

Survey Category
Alcohol and Other Drug Abuse
Unit Cohesion
Self-Perception / Relationships
Financial Problems
Suicide
Other Crimes
Verbal / Physical Abuse
Army Environment
Combat / Deployment

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1%	Parenting
1%	Suicide

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Page 2 breaks out
summarized
information

Page 2 of 2

Administered 15 Feb 02 - 08 Oct 05

tions.
s of its unit type.

[Question Numbers]

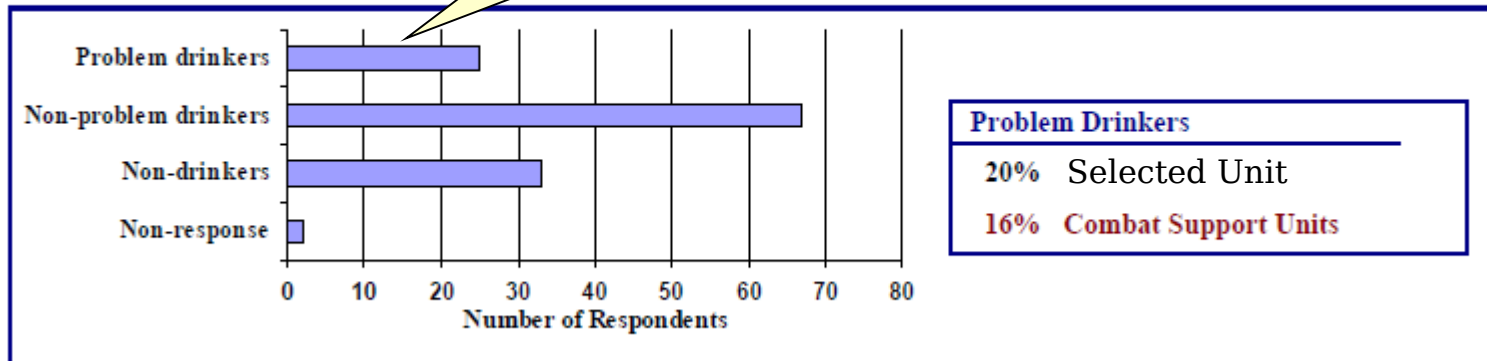
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[68]	[100]

R-URI SUMMARY OF RESULTS REPORT

The R-URI & R-URI v3 uses a modified Audit score to identify potential problem drinkers

B. Audit Results

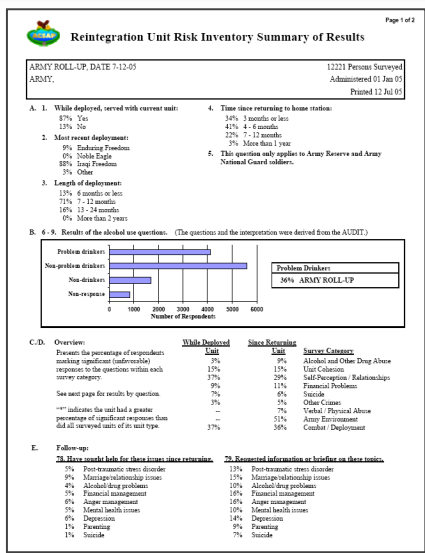
6 - 9. Results of the alcohol use questions (The questions and the interpretation were derived from the AUDIT.)



The R-URI and R-URI v3 score questions from zero to four on four questions. Total scores range from 0-16 and the following are how scores are categorized.

- A null score is counted as Non-response.
- A score of zero is counted as Non-drinker.
- A score of 1-6 is counted as Non- problem drinker.
- A score of 7 or above is counted as a potential problem drinker.

URI & R-URI DATA COMPARISONS



Used illegal drugs

Attempted suicide

Drove under the influence of Alcohol / Drugs

Had a relationship deteriorate

Often felt angry and frustrated

	R-URI While Deployed	R-URI Since Returning	URI 2.0	URI 1.0
Used illegal drugs	2%	<u>4%</u>	3%	3%
Attempted suicide	1%	1%	1%	1%
Drove under the influence of Alcohol / Drugs	3%	<u>15%</u>	14%	13%
Had a relationship deteriorate	35%	<u>26%</u>	22%	21%
Often felt angry and frustrated	57%	<u>46%</u>	45%	49%



ALCOHOL ABUSE / PROBLEM DRINKING

Problem Drinkers:	R-URI (ongoing)	URI 2.0 (2002-2005)	URI 1.0 (Pre 9/11)
	<u>33%</u>	30%	28%

Drinking Scenarios:

Problem Drinker:

- Consume 6 drinks or more in one sitting on a weekly basis.
- Consume 5 - 6 drinks, 4+ times a week.

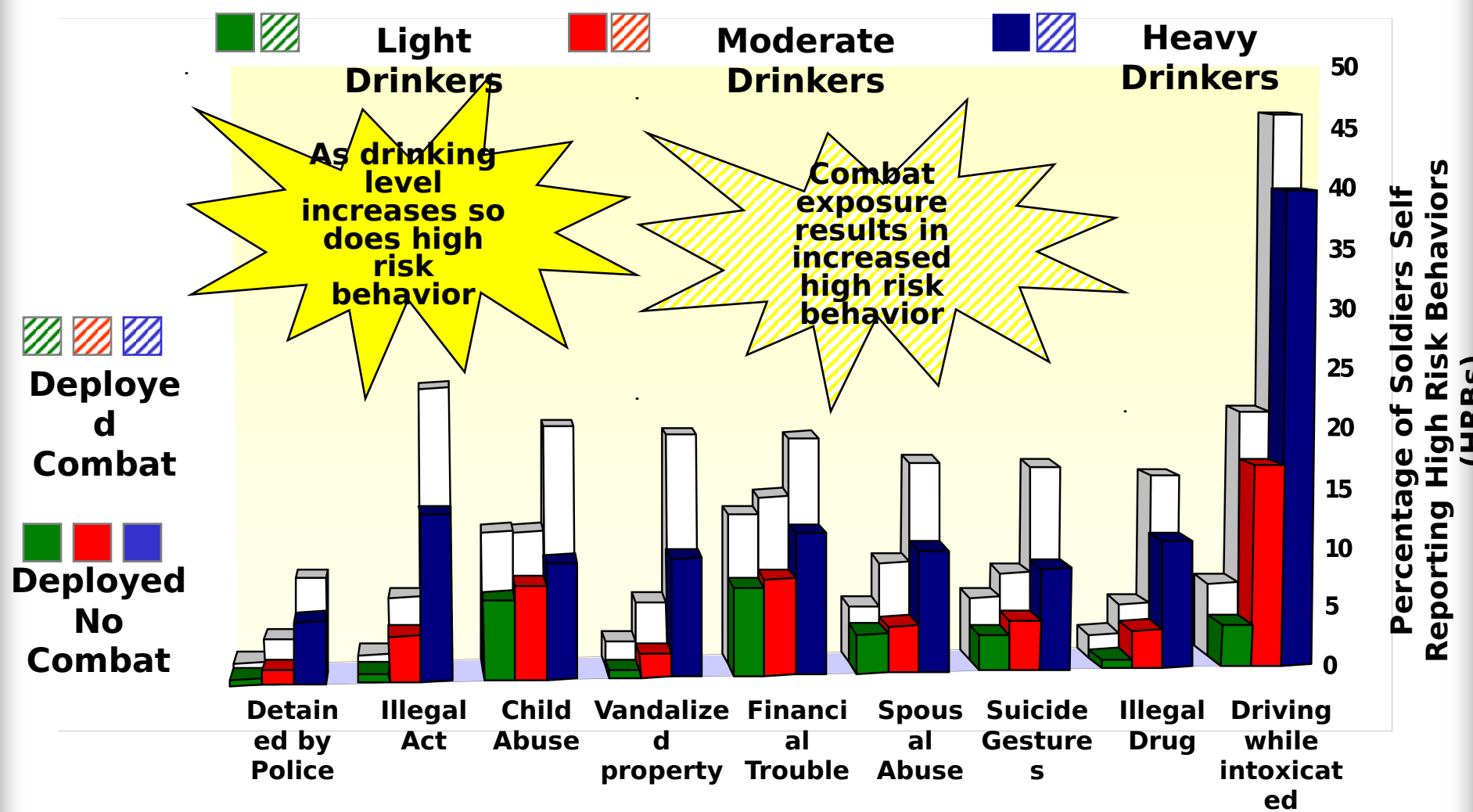
Non-Problem Drinker:

- Consume 6 drinks or more in one sitting on a monthly basis.
- Consume 1 - 4 drinks, 4+ times a week.

* Using scoring criteria from: © World Health Organization, 1992. Babor, T.F., de la Fuente, J., Grant, M., Saunders, J., Programme on Substance Abuse, AUDIT, The Alcohol Use Disorders Identification Test: Guidelines for use in Primary Health Care.



RISK BEHAVIORS INFLUENCED BY DRINKING CATEGORIES AND COMBAT EXPERIENCE



Don't Risk Readiness !

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Kim.Nguyen@conus.army.mil

